

Pre-School

2025

Category & Item	Region	Detail	Brand	Retailer	Unit Price	Quantity	Lifespan	Cost per Week
Food								
Bread and cereals								
Bagel, wholemeal		Fitzgeralds Family Bakery 6 Pre-Slice Fitzgeralds		Dunnes	€2.26	1.0	0.0 Weeks	€0.00
Bread, white		White Pan Freshly Baked 800g	Dunnes Stores	Dunnes	€1.40	0.2	1.0 Weeks	€0.27
Bread, white	Rural			Local	€2.51	0.2	1.0 Weeks	€0.48
Bread, white		White Pan Freshly Baked 800g	Dunnes Stores	Dunnes	€1.40	0.2	1.0 Weeks	€0.27
Bread, wholemeal	Rural			Local	€2.51	0.2	1.0 Weeks	€0.42
Bread, wholemeal		Wholemeal Sliced Bread 800g	Dunnes Stores	Dunnes	€1.40	0.2	1.0 Weeks	€0.23
Bread, wholemeal	Urban	Wholemeal Sliced Bread 800g	Dunnes Stores	Dunnes	€1.40	0.2	1.0 Weeks	€0.23
Cereal, fortified		Corn Flakes 500g	Dunnes Stores	Dunnes	€1.19	1.0	16.7 Weeks	€0.07
Cereal, High fibre (Shreddies, All		Bran Flakes 500g	Dunnes Stores	Dunnes	€1.00	0.0	0.0 Weeks	€0.00
Crackers, wholegrain		Multigrain Crackers 170g	Dunnes Stores	Dunnes	€1.60	1.0	34.0 Weeks	€0.05
Oats (porridge / overnight)		Irish Porridge Oats 1.5kg	Dunnes Stores	Dunnes	€1.19	0.0	0.0 Weeks	€0.00
Pasta, spaghetti		Spaghetti 500g	Dunnes Stores	Dunnes	€1.49	1.0	0.0 Weeks	€0.00
Pasta, wholemeal		Wholewheat Fusilli 500g	Dunnes Stores	Dunnes	€1.05	1.0	20.0 Weeks	€0.05
Ready Brek		Ready Brek Smooth Porridge Oats O Ready Brek		Dunnes	€4.39	1.0	12.5 Weeks	€0.35
Rice, dry weight		Easy Cook Rice 1kg	Dunnes Stores	Dunnes	€1.78	1.0	40.0 Weeks	€0.04
Scone	Rural			Local	€1.01	1.0	8.0 Weeks	€0.13
Scone	Urban	Dunnes Stores Deluxe Fruit Scone 1!	Dunnes Stores	Dunnes	€4.04	1.0	8.0 Weeks	€0.50
Weetabix		24 Wholegrain Wheat Biscuits	Dunnes Stores	Dunnes	€2.79	1.0	12.0 Weeks	€0.23
Cafes, fast food and take-away ...								
Deli - Small baguette, chicken fill				Local	€5.20	0.0	0.0 Weeks	€0.00
Take-away	Rural	Meal Deal	Pickup	Four Star / Ap€	€8.05	0.0	52.0 Weeks	€0.00
Take-away	Urban	Meal Deal	With delivery	Four Star / Ap€	€9.04	0.0	52.0 Weeks	€0.00
Coffee, tea and cocoa								
Drinking chocolate		Cadbury Bournville Dark Chocolate	Cadbury	Dunnes	€4.88	1.0	13.9 Weeks	€0.35
Fish								
Cod, frozen		Donegal Catch 4 Breaded Cod Atlan	Dunnes Stores	Dunnes	€6.48	0.0	0.0 Weeks	€0.00

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Fish fingers, cod		My Family Favourites 15 Omega 3 Fish Fingers	Dunnes Stores	Dunnes	€1.61	1.0	7.5 Weeks	€0.21
Salmon, tinned		John West Wild Pacific Pink Salmon	John West	Dunnes	€2.98	1.0	3.5 Weeks	€0.85
Tuna		Tuna Chunks in Brine 3 x 80g (240g)	Dunnes Stores	Dunnes	€2.45	1.0	6.0 Weeks	€0.41
Food products n.e.c.								
Chutney		Sweet and Sticky Caramelised Onion Chutney	Dunnes Stores	Dunnes	€1.98	0.0	0.0 Weeks	€0.00
Curry sauce		Ben's Original Mild Curry 440g	Ben's	Dunnes	€2.98	1.0	4.0 Weeks	€0.74
Fruit bar		Raspberry & Apple Soft Oaty Bars	To Organix	Dunnes	€4.09	1.0	6.0 Weeks	€0.68
Gravy		Erin Everyday Gravy Granules 170g	Erin	Dunnes	€1.89	1.0	34.0 Weeks	€0.06
Ketchup		Heinz 50% Less Sugar & Salt Tomato Ketchup	Heinz	Dunnes	€4.95	1.0	8.4 Weeks	€0.59
Mayonnaise, light		Hellmann's Condiment Light Mayonnaise	Hellman's	Dunnes	€3.97	1.0	5.5 Weeks	€0.72
Mixed herbs		Mixed Herbs 10g	Dunnes Stores	Dunnes	€1.00	0.0	52.0 Weeks	€0.00
Mixed spice		Cajun Seasoning 35g	Dunnes Stores	Dunnes	€1.00	0.0	52.0 Weeks	€0.00
Pepper		Black Peppercorn Grinder 50g	Dunnes Stores	Dunnes	€1.50	0.0	156.0 Weeks	€0.00
Pesto		Italian Basil Pesto 180g	Dunnes Stores	Dunnes	€1.98	1.0	12.0 Weeks	€0.17
Rice cake, yogurt		8 Yogurt Coated Rice Cakes 120g	Dunnes Stores	Dunnes	€2.05	1.0	4.0 Weeks	€0.51
Salt		Don Carlos Finest Fine Sea Salt 360g	Don Carlos	Dunnes	€1.59	0.0	156.0 Weeks	€0.00
Stock cubes		OXO Reduced Salt Beef Stock Cube	OXO	Dunnes	€2.54	0.0	24.0 Weeks	€0.00
Tomato soup		Cream of Tomato Soup 400g	Heinz	Dunnes	€2.06	0.0	0.0 Weeks	€0.00
Vinegar		Chef Malt Vinegar 284ml	Chef	Dunnes	€1.79	0.0	52.0 Weeks	€0.00
Fruit								
Apple		Handpicked Royal Gala Apples 8	Royal Gala	Dunnes	€2.45	0.1	1.0 Weeks	€0.31
Banana		6 Fresh Bananas	Dunnes Stores	Dunnes	€1.69	0.3	1.0 Weeks	€0.56
Berries, frozen		Freshly Frozen Mixed Berries 340g	Dunnes Stores	Dunnes	€2.03	1.0	5.7 Weeks	€0.36
Dried fruit		My Family Favourites Sultanitas 375g	Dunnes Stores	Dunnes	€1.30	1.0	18.8 Weeks	€0.07
Grapes		Handpicked Seedless Mixed Grapes	Dunnes Stores	Dunnes	€3.05	1.0	6.3 Weeks	€0.49
Mixed nuts, unsalted		Wholefoods Roasted Nut Mix 250g	Dunnes Stores	Dunnes	€4.35	1.0	0.0 Weeks	€0.00
Mixed seeds / nuts		Wholefoods Pumpkin Seeds 250g	Dunnes Stores	Dunnes	€2.10	1.0	0.0 Weeks	€0.00
Orange		Everyday Savers 5 Oranges	Dunnes Stores	Dunnes	€1.04	0.2	1.0 Weeks	€0.21
Pear		Loose Pears	Dunnes Stores	Dunnes	€0.50	0.0	1.0 Weeks	€0.00

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Pine nuts		Wholefoods Pine Nuts 70g	Dunnes Stores	Dunnes	€3.03	1.0	3.5 Weeks	€0.87
Meat								
Beef, mince		Irish Beef Mince 5% Fat 800g	Dunnes Stores	Dunnes	€7.89	1.0	20.0 Weeks	€0.39
Beef, stew		Slow Cook Diced Irish Beef 0.600Kg	Dunnes Stores	Dunnes	€6.65	1.0	15.0 Weeks	€0.44
Chicken fillet		Irish Chicken Breast Fillets 840g (6 fi	Dunnes Stores	Dunnes	€10.94	1.0	7.0 Weeks	€1.56
Chicken Goujons		Breaded Chicken Goujons 400g	Dunnes Stores	Dunnes	€4.50	1.0	0.0 Weeks	€0.00
Chicken, roast		Medium Irish Chicken 1.5kg	Dunnes Stores	Dunnes	€5.30	1.0	12.5 Weeks	€0.42
Ham, cooked		Cooked Irish Ham 10 Slices 200g	Dunnes Stores	Dunnes	€2.63	1.0	10.0 Weeks	€0.26
Pork chop		Boneless Irish Pork Loin Chops 440g	Dunnes Stores	Dunnes	€4.50	1.0	4.0 Weeks	€1.13
Rasher		6 Smoked Irish Back Rashers 240g	Dunnes Stores	Dunnes	€2.25	1.0	0.0 Weeks	€0.00
Sausage		8 Irish Pork Sausages 227g	Dunnes Stores	Dunnes	€1.13	1.0	8.0 Weeks	€0.14
Turkey, cooked		Roast Turkey Breast 140g	Dunnes Stores	Dunnes	€2.73	1.0	4.0 Weeks	€0.68
Milk, cheese and eggs								
Cheese		Savoury & Smooth Medium Cheddar	Dunnes Stores	Dunnes	€1.87	1.0	2.7 Weeks	€0.70
Eggs		12 Irish Eggs Large	Dunnes Stores	Dunnes	€2.91	1.0	4.0 Weeks	€0.73
Milk, low fat	Rural	3 litres		Local	€3.89	0.5	1.0 Weeks	€1.84
Milk, low fat		Irish Low Fat Milk 3L	Dunnes Stores	Dunnes	€3.48	0.5	1.0 Weeks	€1.64
Milk, low fat	Urban	Irish Low Fat Milk 3L	Dunnes Stores	Dunnes	€3.48	0.9	1.0 Weeks	€3.29
Yogurt		Fat Free Yogurt with Real Fruit Piece:	Dunnes Stores	Dunnes	€1.98	0.8	1.0 Weeks	€1.49
Oils and fats								
Oil		Pure Rapeseed Oil 1L	Dunnes Stores	Dunnes	€1.46	0.0	52.0 Weeks	€0.00
Spread, sunflower oil		My Family Favourites Low Lite Sprea	Dunnes Stores	Dunnes	€1.02	1.0	14.3 Weeks	€0.07
Service								
Discount Vouchers		DS 'Shop and Save' €10 off €50; €5 o	Dunnes Stores	Dunnes	-€5.00	1.0	1.0 Weeks	-€5.00
Snacks & treats								
Biscuit, plain		Digestive Biscuits 400g	Dunnes Stores	Dunnes	€0.90	1.0	13.5 Weeks	€0.07
Chocolate		Cadbury Dairy Milk Little Bars Chocc	Cadbury	Dunnes	€2.01	1.0	12.0 Weeks	€0.17
Crisps		Tayto Cheese & Onion Multipack Cri	Tayto	Dunnes	€4.06	1.0	12.0 Weeks	€0.34
Ice-cream		Dunnes Stores My Family Favourites	Dunnes Stores	Dunnes	€1.09	1.0	11.4 Weeks	€0.10

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Jelly		Hartley's Strawberry Flavour Crystal	Hartley's	Dunnes	€1.18	1.0	8.0 Weeks	€0.15
Social								
Seasonal (Christmas, etc.)	Rural	Allowance of extra week's grocery b	Dunnes Stores	Dunnes	€28.15	1.0	52.0 Weeks	€0.54
Seasonal (Christmas, etc.)	Urban	Allowance of extra week's grocery b	Dunnes Stores	Dunnes	€27.15	1.0	52.0 Weeks	€0.52
Soft drinks, juices ...								
Orange juice		Pure Squeezed Orange Juice Smooth	Dunnes Stores	Dunnes	€2.24	0.0	0.0 Weeks	€0.00
Orange, concentrated squash		MiWadi Orange Bottle 2L	MiWadi	Dunnes	€4.00	1.0	8.0 Weeks	€0.50
Sugar, jam, honey ...								
Jam		Chivers Strawberry Jam 370g	Chivers	Dunnes	€3.01	1.0	18.5 Weeks	€0.16
Vegetables								
Beans		Batchelors Beans No Added Sugar 6	Batchelors	Dunnes	€3.49	1.0	18.0 Weeks	€0.19
Broccoli		Fresh Broccoli	Dunnes Stores	Dunnes	€1.63	0.1	1.0 Weeks	€0.20
Cabbage		Green Cabbage	Dunnes Stores	Dunnes	€0.50	0.1	1.0 Weeks	€0.06
Carrots		Sweet & Crunchy Fresh Carrots 1kg	Dunnes Stores	Dunnes	€1.26	1.0	8.3 Weeks	€0.15
Cauliflower		Cauliflower	Dunnes Stores	Dunnes	€1.84	0.1	1.0 Weeks	€0.23
Chopped tomatoes		Italian Chopped Tomatoes in a Rich	Dunnes Stores	Dunnes	€1.02	1.0	4.0 Weeks	€0.25
Coleslaw		Classic Coleslaw 250g	Dunnes Stores	Dunnes	€1.21	0.0	0.0 Weeks	€0.00
Cucumber		Fresh Cucumber	Dunnes Stores	Dunnes	€0.88	0.3	1.0 Weeks	€0.22
Garlic		Fresh Spanish Garlic	Dunnes Stores	Dunnes	€0.49	1.0	12.0 Weeks	€0.04
Hummus		Classic Houmous 200g	Dunnes Stores	Dunnes	€0.77	0.0	0.0 Weeks	€0.00
Lettuce		Delicate Irish Butterhead Lettuce	Dunnes Stores	Dunnes	€0.91	0.3	1.0 Weeks	€0.23
Mushrooms		Irish Closed Cup Mushrooms 250g	Dunnes Stores	Dunnes	€1.16	1.0	6.3 Weeks	€0.19
Onion		My Family Favourites Onions 1kg	Dunnes Stores	Dunnes	€1.20	1.0	8.9 Weeks	€0.14
Oven Chips		Finely Sliced Thin & Crispy Oven Chi	Dunnes Stores	Dunnes	€3.14	1.0	18.8 Weeks	€0.17
Parsnips		Fresh Irish Parsnips	Dunnes Stores	Dunnes	€1.50	1.0	4.0 Weeks	€0.38
Peas, frozen		My Family Favourites Garden Peas 1	Dunnes Stores	Dunnes	€1.21	1.0	27.0 Weeks	€0.04
Peppers		Red pepper	Dunnes Stores	Dunnes	€0.99	1.0	2.0 Weeks	€0.49
Potato Waffles		12 Potato Waffles 680g	Dunnes Stores	Dunnes	€1.41	0.0	0.0 Weeks	€0.00
Potatoes		Irish Kerr's Pink Potatoes 2kg	Dunnes Stores	Dunnes	€3.38	1.0	10.0 Weeks	€0.34

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Spinach		Frozen Whole Leaf Spinach 750g	Dunnes Stores	Dunnes	€1.20	1.0	18.8 Weeks	€0.06
Sweetcorn, frozen		Freshly Frozen Supersweet Sweetco	Dunnes Stores	Dunnes	€0.98	1.0	18.8 Weeks	€0.05
Tomato		Salad Tomatoes 6's	Dunnes Stores	Dunnes	€1.34	0.5	3.0 Weeks	€0.22
Turnip		Swede	Dunnes Stores	Dunnes	€0.96	0.1	1.0 Weeks	€0.12
Clothing								
Accessories								
Child's backpack			Penneys	Penneys	€7.21	1.0	52.0 Weeks	€0.14
Glove		2 Pack	Dunnes	Dunnes	€2.22	4.0	52.0 Weeks	€0.17
Hairslides + bobbins		Multi pack	Penneys	Penneys	€3.96	5.0	52.0 Weeks	€0.38
Scarf			Dunnes	Dunnes	€6.65	2.0	52.0 Weeks	€0.26
Sun hat			Penneys	Penneys	€3.88	1.0	52.0 Weeks	€0.07
Sunglasses			Penneys	Penneys	€3.09	1.0	52.0 Weeks	€0.06
Umbrella		Disney's Minnie Mouse Umbrella	Penneys	Penneys	€7.21	1.0	52.0 Weeks	€0.14
Winter Hat		2 Pack	Dunnes	Dunnes	€4.44	1.0	52.0 Weeks	€0.09
Footwear								
Crocs			Penneys	Penneys	€4.05	1.0	26.0 Weeks	€0.16
Shoes/boots		Ballet pumps	Penneys	Penneys	€6.08	1.0	26.0 Weeks	€0.23
Trainers		Branded	Feather Pace Kid	Clarks	€39.51	1.0	26.0 Weeks	€1.52
Wellies			Penneys	Penneys	€16.21	2.0	52.0 Weeks	€0.62
Main clothing								
Jeggings		Fashionable trousers	H&M	Penneys	€9.84	2.0	52.0 Weeks	€0.38
Jumpers		E.g., hoodie/sweatshirt/cardigan	Penneys	Penneys	€6.02	10.0	52.0 Weeks	€1.16
Leggings			Penneys	Penneys	€1.97	8.0	52.0 Weeks	€0.30
Set of Clothes		3 pack printed cotton dress	H&M	H&M	€14.21	2.0	52.0 Weeks	€0.55
Shorts			Penneys	Penneys	€3.28	3.0	52.0 Weeks	€0.19
Swimsuit		Unicorn swimsuit	Penneys	Penneys	€3.83	1.0	52.0 Weeks	€0.07
Tights		4 pack	Penneys	Penneys	€5.25	3.0	52.0 Weeks	€0.30
Tracksuit bottoms			Penneys	Penneys	€4.38	5.0	52.0 Weeks	€0.42

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T-shirt	Urban	3 pack	Penneys	Penneys	€8.75	5.0	52.0 Weeks	€0.84
Nightwear								
Dressing gown			H&M	H&M	€19.79	1.0	52.0 Weeks	€0.38
Pyjamas		Fleece	Dunnes	Dunnes	€8.75	3.0	52.0 Weeks	€0.50
Pyjamas		Long Sleeve - 2 pack	Penneys	Penneys	€15.32	2.0	52.0 Weeks	€0.59
Pyjamas		Short Sleeve - 2 pack	Penneys	Penneys	€10.94	2.0	69.3 Weeks	€0.32
Slippers			Penneys	Penneys	€3.28	1.0	26.0 Weeks	€0.13
Outer clothing								
Light jacket			Penneys	Penneys	€17.50	2.0	52.0 Weeks	€0.67
Puddle suit			Dunnes	Dunnes	€21.88	1.0	52.0 Weeks	€0.42
Rain coat			Dunnes	Dunnes	€21.88	2.0	52.0 Weeks	€0.84
Winter coat			Dunnes	Dunnes	€19.69	1.0	52.0 Weeks	€0.38
Underwear								
Pants		Pack of 6	Penneys	Penneys	€8.21	4.0	17.3 Weeks	€1.89
Socks		Pack of 7	Penneys	Penneys	€3.83	3.0	52.0 Weeks	€0.22
Vests		Pack of 4	Penneys	Penneys	€5.25	3.0	14.9 Weeks	€1.06

Personal Care

Personal Hygiene

Conditioner	Rural	Child specific	Aveeno Kids Condit boots		€4.63	1.0	12.0 Weeks	€0.39
Detangler		Child specific	Peppa Pig Detangle Dealz		€2.98	1.0	4.3 Weeks	€0.69
Hairbrush		Tangle teaser	Essential Detangle I Penneys		€2.47	1.0	156.0 Weeks	€0.02
Haircut			Kids Cut	Local hairdres	€15.96	1.0	52.0 Weeks	€0.31
Haircut			Kids Cut	Local hairdres	€23.87	1.0	52.0 Weeks	€0.46
Hand soap		250ml	Simple Kind to Skin Dunnes		€1.36	1.0	2.0 Weeks	€0.68
Moisturiser		150ml	Aveeno Baby Daily C Dunnes		€4.63	1.0	26.0 Weeks	€0.18
Potty			Tiny to Tots	Tesco	€7.21	1.0	156.0 Weeks	€0.05
Pull-ups/Night-time nappies		15 pack	Mamia Night Pants Aldi		€5.14	1.0	2.1 Weeks	€2.40
Shampoo & Body Wash (2 in 1)		Child specific	Peppa Pig Hair & Bo Dealz		€2.98	1.0	6.0 Weeks	€0.50

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Sponge		2pk	Boots Everyday Twir	boots	€1.97	1.0	26.0 Weeks	€0.08
Step stool			Tiny to Tots	Tesco	€7.21	1.0	156.0 Weeks	€0.05
Sudocrem		400g Tub	Sudocrem Antisepti	Dunnes	€12.85	1.0	52.0 Weeks	€0.25
Suntan lotion (40+)		Child specific	Garnier Ambre Sola	boots	€2.47	2.0	52.0 Weeks	€0.10
Swim nappies		12 pack	Huggies	Dunnes	€7.20	1.0	52.0 Weeks	€0.14
Talcum powder		400g Tub	Johnsons	boots	€5.95	1.0	52.0 Weeks	€0.11
Toilet seat			Tinty to Tots	Tesco	€7.21	1.0	156.0 Weeks	€0.05
Toothbrush		3-5 Years	Colgate	Dealz	€1.74	1.0	13.0 Weeks	€0.13
Toothpaste		75ml tube	Aquafresh Little Tee	Dealz	€2.47	1.0	4.3 Weeks	€0.57
Water wipes		Pack of 60	Mamia Toddler Toile	Aldi	€0.88	1.0	1.0 Weeks	€0.88

Health

Products

Cough Mixture (120ml)		Child specific	Bronchostop Jnr. C	Local chemist	€7.74	1.0	52.0 Weeks	€0.15
Nurofen		200ml	Nurofen For Childre	Local chemist	€13.55	3.0	52.0 Weeks	€0.78
Paralink Paracetamol Oral Solution		100ml	From 2 months+	Local chemist	€6.58	3.0	52.0 Weeks	€0.38
Pocket tissues			Softy 10 Soft Pocke	Supermarket	€1.48	2.0	52.0 Weeks	€0.06
Vapour plug		Calpol	Vapour Plug 10 Re-f	Local chemist	€12.90	1.0	52.0 Weeks	€0.25
Vapour plug refills pads		Calpol	5 Refill Pads	Local chemist	€8.09	3.0	52.0 Weeks	€0.47
Waterproof plasters (box)		Box of 40	Boots	boots	€2.97	1.0	104.0 Weeks	€0.03

Services

Dentist (u16 exam only)	Rural			Local dentist	€33.31	1.0	52.0 Weeks	€0.64
Dentist (u16 exam only)	Urban			Local dentist	€38.44	1.0	52.0 Weeks	€0.74
GP				Local doctor	€0.00	4.0	52.0 Weeks	€0.00
Prescription				Pharmacy	€15.26	4.0	52.0 Weeks	€1.17

Household Goods

Baby equipment

Fireplace Edge Guard		Foam edge guard	Fozobaity Safety Edg	Amazon	€9.80	1.0	260.0 Weeks	€0.04
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Home Safety Pack			Clippasafe Home S	Smyths	€17.04	1.0	260.0 Weeks	€0.07
Stair Gate			Norma Wall Fix Ext	Smyths	€24.87	2.0	260.0 Weeks	€0.19
Sun Visser's for Car		2 Pack	Babylo Car Sun Sha	Smyths	€8.21	1.0	260.0 Weeks	€0.03
Bathroom								
Bath towels		Ultrasoft Bath Towel		Penneys	€8.36	2.0	182.0 Weeks	€0.09
Face cloths		3pk		Penneys	€1.86	1.0	104.0 Weeks	€0.02
Toilet paper		Toilet Tissue 12 Rolls	Dunnes Stores	Dunnes	€3.48	1.0	5.3 Weeks	€0.65
Bedroom								
Bed railing			Safety 1st Portable	Smyths	€24.87	1.0	156.0 Weeks	€0.16
Bedroom Blind		200x195cm		ikea	€34.45	1.0	416.0 Weeks	€0.08
Bedroom Curtain		145x137cm	Room darkening cu	ikea	€25.14	1.0	624.0 Weeks	€0.04
Blanket		Fluffy/soft	Super Soft Small Pl	Penneys	€4.78	1.0	104.0 Weeks	€0.05
Curtain pole and fittings		Curtain rod set 120-210cm	Bekrafta	ikea	€9.03	1.0	#####	€0.01
Duvet Cover		Single & One Pillowcase	Primark Home	Penneys	€10.52	6.0	104.0 Weeks	€0.61
Extra sheets				Penneys	€6.69	1.0	104.0 Weeks	€0.06
Floating shelf			LACK Wall Shelf 11	ikea	€14.93	1.0	936.0 Weeks	€0.02
Hangers			7 pack	Dealz	€4.49	3.0	#####	€0.01
Lampshades			Linen Empire Shade	Dunnes	€5.69	1.0	780.0 Weeks	€0.01
Light bulbs		B22 806lm, 8.5w	Osram Led Base A6	Woodies	€8.01	1.0	728.0 Weeks	€0.01
Mattress		Single - Abygda foam mattress		ikea	€168.16	1.0	468.0 Weeks	€0.36
Mattress protector		waterproof		Dunnes	€14.34	4.0	104.0 Weeks	€0.55
Pillow protector		2 Pack		Penneys	€4.78	1.0	260.0 Weeks	€0.02
Pillows				Dunnes	€19.12	2.0	260.0 Weeks	€0.15
Rug		Soft		ikea	€9.49	1.0	156.0 Weeks	€0.06
Single bed		Hemnes bed frame with slatted bed		ikea	€217.91	1.0	780.0 Weeks	€0.28
Single duvet		Mid-weight	Safferot double duv	ikea	€10.99	2.0	104.0 Weeks	€0.21
Single fitted sheets				Penneys	€6.69	6.0	104.0 Weeks	€0.39
Underbed storage		Plastic boxes	Samla 78x56x18cm	ikea	€9.95	3.0	780.0 Weeks	€0.04
Wall hooks			SEKINERHook for d	ikea	€1.00	1.0	780.0 Weeks	€0.00

Pre-School

2025

Category & Item	Region	Detail	Brand	Retailer	Unit Price	Quantity	Lifespan	Cost per Week
Flooring								
Laminate Flooring		7.95m2		Des Kelly	€341.18	1.0	#####	€0.33
Kitchen								
Booster seat		Kitchen	Ingenuity SmartClean	Smyths	€30.89	1.0	156.0 Weeks	€0.20
Two step				ikea	€25.15	1.0	156.0 Weeks	€0.16
Kitchen, cleaning								
Anti-bacterial spray			850ml	Dealz	€3.02	1.0	52.0 Weeks	€0.06
Refuse sacks		20X50L	Killeen	Dunnes	€1.73	1.0	20.0 Weeks	€0.09
Upholstery cleaner		650ml	Dr. Beckmann Carp	Dealz	€3.97	1.0	52.0 Weeks	€0.08
Kitchen, laundry								
Clothes washing detergent		50 washes	Fairy Non Bio Wash	Dealz	€10.92	1.0	12.5 Weeks	€0.87
Fabric softener		60 washes	Asevi Hypoallergeni	Dealz	€3.02	1.0	20.0 Weeks	€0.15
Kitchen, utensils								
Child cutlery		3 piece cutlery set	SMASKA	ikea	€4.30	4.0	156.0 Weeks	€0.11
Kids lunch box		Disney's Stitch Bento Box	Multi-section	Penneys	€6.01	2.0	52.0 Weeks	€0.23
Plastic bowls		6 pack		ikea	€1.49	1.0	156.0 Weeks	€0.01
Plastic cups		4 pack		ikea	€1.49	1.0	156.0 Weeks	€0.01
Plastic plates		6 pack		ikea	€1.49	1.0	156.0 Weeks	€0.01
Sippy cup		300ml	Nuby Free Flow Flip	Smyths	€4.99	2.0	52.0 Weeks	€0.19
Living area								
Additional storage		Kallax shelving unit	77x147cm	ikea	€64.68	1.0	780.0 Weeks	€0.08
Canvas storage boxes			DRONA Box 33x33cm	ikea	€3.48	6.0	260.0 Weeks	€0.08
Misc								
Birthday cards				Dealz	€1.52	6.0	52.0 Weeks	€0.18
Car seat		Toddler - primary age	miniuno JournieFix	Smyths	€97.65	1.0	520.0 Weeks	€0.19
Suitcase			55(H)x35(W)x18cm	Penneys	€20.60	1.0	520.0 Weeks	€0.04

Social Inclusion

Entertainment and media

Pre-School

2025

Category & Item	Region	Detail	Brand	Retailer	Unit Price	Quantity	Lifespan	Cost per Week
Books					€49.60	1.0	52.0 Weeks	€0.95
Exercise & sport								
Arm bands		Swimming armbands for 11-30 kg kids	Nabaiji	Decathlon	€2.90	1.0	156.0 Weeks	€0.02
Swim bag		SWIMMING MESH BAG 40L	Nabaiji	Decathlon	€7.21	1.0	156.0 Weeks	€0.05
Swim cap		Baby fabric swim cap - mantra mint	Nabaiji	Decathlon	€2.90	1.0	260.0 Weeks	€0.01
Swim goggles		Swimming goggles XBASE - Clear lens	Nabaiji	Decathlon	€3.86	1.0	260.0 Weeks	€0.01
Swimming	Rural			Local swimming	€5.15	12.0	52.0 Weeks	€1.19
Swimming	Urban			Local swimming	€3.75	12.0	52.0 Weeks	€0.87
Family activities								
Family activity budget					€104.30	1.0	52.0 Weeks	€2.01
Family meal out			Kids meal	Milanos	€10.38	1.0	52.0 Weeks	€0.20
Free activities		E.g., park/toddler groups/beach/library			€0.00	1.0	52.0 Weeks	€0.00
Holiday								
Bucket & spade		Sand set mix		Dealz	€2.67	1.0	52.0 Weeks	€0.05
Dublin-Waterford	Urban		Child return	Irish rail	€14.73	1.0	52.0 Weeks	€0.28
Spending money					€57.09	1.0	52.0 Weeks	€1.10
Seasonal								
Christmas stocking				Penneys	€6.02	1.0	936.0 Weeks	€0.01
Easter Egg				Dunnes	€10.07	1.0	52.0 Weeks	€0.19
Easter Egg Hunt Pack		Hunt Pack		Dealz	€1.53	1.0	52.0 Weeks	€0.03
Face Paint			16PCS Face Paint S	Amazon	€8.12	1.0	52.0 Weeks	€0.16
Flag				Dealz	€1.50	1.0	156.0 Weeks	€0.01
Halloween bucket				Dealz	€1.53	1.0	104.0 Weeks	€0.01
Halloween costume			Witch costume	Dunnes	€25.58	1.0	52.0 Weeks	€0.49
Social activities								
Attending Birthday Parties					€5.18	6.0	52.0 Weeks	€0.60
Birthday Party					€60.72	1.0	52.0 Weeks	€1.17
Toys								
A4 Paper		Standard size pack	A4 multi purpose paper	Dealz	€4.97	1.0	52.0 Weeks	€0.10

Pre-School

2025

Category & Item	Region	Detail	Brand	Retailer	Unit Price	Quantity	Lifespan	Cost per Week
Birthday Present					€53.20	1.0	52.0 Weeks	€1.02
Building Blocks		Wood	40-piece wooden bi	ikea	€15.96	1.0	104.0 Weeks	€0.15
Christmas Present					€94.12	1.0	52.0 Weeks	€1.81
Collectables			Ty Beanies Mini Boc	Smyths	€5.31	1.0	156.0 Weeks	€0.03
Colouring book			Fun to Colour Color	Dealz	€1.79	11.0	52.0 Weeks	€0.38
Crayola Crayons		Standard size pack, chunky crayons	Crayola My First Cr	Smyths	€5.97	1.0	52.0 Weeks	€0.11
Doll			28cm La Baby with l	Smyths	€13.82	1.0	156.0 Weeks	€0.09
Helmet			Verve Bike Helmet l	Smyths	€13.26	1.0	260.0 Weeks	€0.05
Jigsaw		Box of 4	Ravensburger Pepp	Smyths	€8.50	1.0	52.0 Weeks	€0.16
Play Table & Chair Set			Children's table with	ikea	€30.86	1.0	156.0 Weeks	€0.20
Pram			Baby Doll Umbrella	Smyths	€10.63	1.0	156.0 Weeks	€0.07
Scooter		off-brand micro scooter	iSporter Scooter with	Smyths	€49.49	1.0	156.0 Weeks	€0.32
Set of bath toys			Bath toys boat 3 par	Smyths	€5.31	1.0	156.0 Weeks	€0.03
STEM Toy		Wood	Toy hammering bloc	ikea	€15.96	1.0	52.0 Weeks	€0.31
Tea Party Set		Battat Tea Party Set For Four	Tea Set	Smyths	€10.64	1.0	156.0 Weeks	€0.07
Teddy Bear/Soft Toy			World's Softest Plu:	Smyths	€10.63	1.0	52.0 Weeks	€0.20

Transport

Public Transport								
Leap Card Daily Cap	Urban		Dublin Bus		€0.00	1.0	1.0 Weeks	€0.00

Household Energy

Electricity								
Units	Rural		Standard Electricity Water Power		€0.28	4.5	1.0 Weeks	€1.25
Units	Urban		Dual Fuel 28% Disc Flogas		€0.29	4.5	1.0 Weeks	€1.30

Personal Costs

All scenarios								
Passport Fee				Passport Offic	€25.30	1.0	260.0 Weeks	€0.10

Pre-School

2025

Category & Item	Region	Detail	Brand	Retailer	Unit Price	Quantity	Lifespan	Cost per Week
Insurance								
Health								
Health contingencies budget					€310.80	1.0	156.0 Weeks	€1.99
Contingencies								
Savings					€4.99	1.0	1.0 Weeks	€4.99
Childcare								
ECCE Capitation 2018 (September)			DCYA		€0.00	38.0	52.0 Weeks	€0.00
Full-Time								
Full-time childcare (50 hours)	Rural			Creche/Monte	€195.45	1.0	1.0 Weeks	€195.45
Full-time childcare (50 hours)	Urban			Creche/Monte	€226.09	1.0	1.0 Weeks	€226.09
Part-Time								
Part-time childcare (30 hours)	Rural			Creche/Monte	€125.91	1.0	1.0 Weeks	€125.91
Part-time childcare (30 hours)	Urban			Creche/Monte	€151.71	1.0	1.0 Weeks	€151.71